

Please continue to pray for :

**Regular term-time ongoing weekly groups & opportunities :**

Tuesday

Space 'n' Bake, 4.00-5.30pm @ the Well  
Hydr8, 6.00-8.30pm @ the Well

Wednesday

H2O Chill, 1.10-2.00pm @Oban High School  
Glencruitten Hostel, 4.00 - 6.00pm

Thursday

Rock Solid, 1.10-2.00pm @Oban High School  
Zooom!, 4.00-5.30pm @ the Well

**For further details please speak to Becky or Joan or contact us through the email addresses below.**

**Interested in Volunteering...**

If you are able to help with any of the Green Shoots Garden building projects then please contact Catriona Petit on 07775995650.

Thank you

**Thank you for praying for the Lord's work through H<sub>2</sub>O.  
If you would like further information about the work,  
please contact H<sub>2</sub>O on 01631 564239**

Find us on   Instagram

If you feel led to pray for specific aspects of the work of H<sub>2</sub>O and would like further information, please email:

***becky@hope2oban.org.uk***  
***catriona@hope2oban.org.uk***  
***joan@hope2oban.org.uk***

**Or for general enquiries please email:  
*admin@hope2oban.org.uk***

*October 2017*

**SOURCE**

*Prayer flow from*

**H<sub>2</sub>O**  
**HOPE 2 OBAN**



**Remember to visit our regularly up-dated Facebook page and Instagram for the latest news and information.**

Find us on   Instagram

*“I have set the Lord before me continually because he is at my right hand I shall not be moved”*

*Psalm 16:8*

## Please give thanks for:

### Youth Work, including...

- The **new groups** that have started this term and the encouragement we have had seeing new young people coming to The Well and engaging with H20 for the first time. The 3 new groups to be thankful for (along with our regular groups) are Space 'n' Bake- a baking club and a place to hang out with friends, Chill Space- a secure and welcoming place at the high school where young people can come and eat their lunch a be with friends, and Hydr8- a group where young people can come together and go deeper in their own faith.
- The **successful sponsored cycle** that took place and for 16 people who participated in this event and raised money for the work of H20. Give thanks for those who have also completed the 5 ferries extreme challenge cycle and for the fantastic generosity that has been shown in support of this event.
- The **volunteers** who have been so giving of their time this new term. H20 wouldn't be able to work without the commitment of our brilliant volunteers- please pray they would be blessed as they are blessing others with their time.

### The Green Shoots Project...

- All the people that we have connected with over the summer through the **Pick Your Own and Open Garden Day**. Give thanks for all the new relationships that have formed and the amount of fruit, flowers and vegetables we have been able to share with the local community.
- Our opportunity to share at a **Mental Wealth Festival** in London about the way in which the Green Shoots project helps to improve the wellbeing of people who experience poor mental health. Give thanks that we live in a place where people have time to care for those around them.
- For those who joined us from **Hope Kitchen** this month. For the successful day we had in the garden eating soup and planting. We pray that more people from Hope Kitchen feel inspired to become involved in growing their own.

### *The Golden Leaf Hunt*

The leaf hunt has been very successful and much fun. It has highlighted the work of Hope 2 Oban in the local community and has got lots people talking about the organisation.

## Please pray for:

Youth Work, including.....

- The **Sunday Soul** events that are taking place the first Sunday of each month in The openness and honesty in our discussions and that the young people will feel it's Well. Pray that these events will continue to be an encouragement to all of the young people who come along. Pray that there is an a safe environment to be themselves and ask questions that they may have.
- Our **1-1 mentoring sessions** that have been taking place in the OHS. Please pray that we will be able to build positive relationships with the young people and that these times together will be beneficial.
- The **October holidays**- please pray that staff and pupils will be able to enjoy these holidays and feel refreshed when returning for the Christmas term.
- The **Gather event** which will be taking place on Sunday 5<sup>th</sup> November. Please pray that this will be a time where the young Christians in our area will feel encouraged and strengthened by spending time together and learning more of God's truths for their lives.

### The Green Shoots Project...

- The **new volunteers** that have started in the garden this month and the carers that come with some of them. We especially pray for people with a learning disability who contribute so much to the garden community.
- For the **building projects** we are about to embark on That the right volunteers and workers are available to help us to build a new poly tunnel and create an outdoor eating space.
- For the **upcoming Gather event** for young people in November which is going to be held in the garden. That we can enjoy time round a fire and in the woods and that the young people grow in their relationship with each other.

*“I will praise you Lord with all my heart.”*  
*Psalm 86:12*